

**Table 1. Estimated time spent in main ‘microenvironments’, based on New Zealand survey data and overseas estimates of the split of indoor and outdoor time**

Microenvironment	NZTUS <sup>1</sup>	NZTrS <sup>2</sup>	Average of NZ surveys	Indoors <sup>3</sup>	Outdoors <sup>3</sup>
<b>Home total</b>	<b>71.8%</b>	<b>72.5%</b>	<b>72.1%</b>	<b>69.7%</b>	<b>2.4%</b>
<b>Other places</b>					
Other peoples home	3.9%				
Work & study	12.6%	12.2%			
Recreation	5.1%	8.1%			
Other	0.9%	2.4%			
Other places total	22.4%	22.8%	22.6%	19.0%	3.6%
<b>Transport</b>	<b>5.8%</b>	<b>4.7%</b>	<b>5.3%</b>	<b>5.1%</b>	<b>0.1%</b>
<b>TOTAL</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>93.8%</b>	<b>6.2%</b>

**Sources:**

<sup>1</sup> NZ Time Use Survey (NZTUS), Statistics NZ, 1998-99 (8,500 people)

<sup>2</sup> NZ Travel Survey (NZTrS), Land Transport Safety Authority, 1997–98 (14,250 people)

<sup>3</sup> Indoor and outdoor distribution of NZ time estimates based on applying indoor:outdoor split obtained from a weighted average of US and Canadian surveys<sup>7</sup> (Home 96.6% of time indoors, Other places, 83.9% of time indoors, Travel 97.3% of time indoors)